

Practice Kindness Every Day

Kindness as Creativity

Introduction:

Kindness can be expressed in many ways. Art is empathy and kindness in motion. It can be seen in stories, music, doodles, or dance. Creativity allows us to express love, joy, and understanding in ways words alone cannot.

Inspiration:

“Creativity is intelligence having fun.” - Albert Einstein

Think of the child who draws a thank-you card, or the poet who writes about hope, or the baker who decorates cookies with care. Every creative act comes from kindness.

Call to Action:

Create something kind. Write a poem, draw a picture, or craft a message of hope. Share it with #CreativeKindness and inspire others to do the same. Let's build a living archive of compassion. Include #KindnessChallenge and #THunterBooks too!



Publisher: Landon Hail Press

