

# Holiday Kindness

## New Years

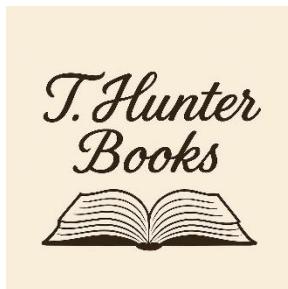
New Year's is a threshold, a moment to reflect, release, and renew. It's a chance to begin again, not just with goals, but with grace. We look back with humility and forward with hope.

Kindness during the New Year means forgiving ourselves, encouraging others, and choosing compassion as our compass. It's about starting fresh, not just in action, but in attitude.

“No matter how hard the past, you can always begin again.” — Buddha

Kindness is the resolution that never expires. It's the beginning that never ends.

What promise are you making? Tag #KindnessChallenge and #THunterBooks and tell everyone!



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